

Health and Wellbeing Board

3 November 2015



County Durham Transformation Plan for Children and Young People's Mental Health, Emotional Wellbeing and Resilience 2015 – 2020

Report of Anna Lynch Director of Public Health, County Durham, Children and Adults Services, Durham County Council

Purpose of the report

1. The purpose of this report is to provide the Health and Wellbeing Board with the County Durham Transformation Plan for Children and Young People's Mental Health, Emotional Wellbeing and Resilience for agreement (Appendix 2).

Background

2. The County Durham Child and Adolescent Mental Health Services (CAMHS) Interim Joint Strategy was agreed by the Health and Wellbeing Board on 5 November 2014.
3. There was acknowledgement that the CAMHS Interim Joint Strategy would offer a holding position, while the whole system County Durham Transformation Plan for Children and Young People's Mental Health, Emotional Wellbeing and Resilience is developed through partnership process including children, young people, families and carers.

Future in Mind – County Durham Children and Young People's Mental Health, Emotional Wellbeing and Resilience Transformation Plan

4. The Department of Health and NHS England published the 'Future in Mind Promoting, protecting and improving our children and young people's mental health and wellbeing' (March 2015).
5. 'Future in Mind' makes a number of proposals the government wishes to see by 2020. These include: tackling stigma and improving attitudes to mental illness; introducing more access and waiting time standards for services; establishing 'one stop shop' support services in the community and improving access for children and young people who are particularly vulnerable.
6. The report introduction includes a statement from Simon Stevens CEO of NHS England he stated '*Need is rising and investment and services haven't kept up. The treatment gap and the funding gap are of course linked*'. The report emphasises the need for a whole system approach to ensure that the offer to children, young people and families is comprehensive, clear and utilises all available resources.

7. The report also calls for a step change in the way care is delivered moving away from a tiered model towards one built around the needs of children, young people and their families.
8. The report followed the announcement of an additional £1.25bn investment. Further guidance has been released from NHS England and upon agreement of County Durham Transformation Plan funding will be released to Clinical Commissioning Groups early November 2015.
9. Future in Mind identifies key themes fundamental to creating a system that properly supports the emotional wellbeing and mental health of children and young people. Themes include:
 - Promoting resilience, prevention and early intervention.
 - Improving access to effective support – a system without tiers.
 - Care for the most vulnerable.
 - Accountability and transparency.
 - Developing the workforce.
10. The County Durham Transformation Plan for Children and Young People's Mental Health, Emotional Wellbeing and Resilience will concentrate on achieving these aspirations and clearly articulate the local offer.
11. The County Durham Transformation Plan for Children and Young People's Mental Health, Emotional Wellbeing and Resilience was submitted to NHS England on 16th October 2015.

Consultation and Governance arrangements

12. Consultation on the Transformation Plan has taken place with key stakeholders, engagement with children and young people through Investing in Children, parent support groups and multi-agency children and young people mental health and emotional wellbeing network.
13. The draft County Durham Transformation Plan for Children and Young People's Mental Health, Emotional Wellbeing and Resilience was presented to the Health and Wellbeing Board on 24 September 2015 as part of the formal consultation process.
14. Consultation has also taken place with the Children and Families Partnership, Local Safeguarding Children's Board and the Safe Durham Partnership.
15. A multiagency group has been established to take responsibility for the development, implementation and oversight of the Transformation Plan for Children and Young People Mental Health, Emotional Wellbeing and Resilience as part of the County Durham No Health without Mental Health Implementation Plan. This group is the Children and Young People's Mental Health and Emotional Wellbeing Group will be accountable to the County Durham Mental Health Partnership Board.

16. The governance structure chart for mental health which shows the links to the Health and Wellbeing Board can be found within the plan, although it should be noted that this is subject to review.

Recommendations

17. The Health and Wellbeing Board is recommended to:
- Note the work that has taken place to develop the County Durham Transformation Plan for Children and Young People's Mental Health, Emotional Wellbeing and Resilience.
 - Agree the County Durham Transformation Plan for Children and Young People's Mental Health, Emotional Wellbeing and Resilience (Appendix 2)

Contacts: Catherine Richardson, Public Health Lead
Tel: 03000 267667

Appendix 1: Implications

Finance

Additional funding release from NHS England to CCG's upon agreement of the Transformation Plan

Staffing

No implications

Risk

Plan not being agreed and meeting the recommendations within Future in Mind

Equality and Diversity / Public Sector Equality Duty

Mental health is a protected factor and implications within the Transformation plan focus on improving mental health and wellbeing. Equality Impact Assessment will be carried out on this plan.

Accommodation

No implications

Crime and Disorder

No implications

Human Rights

No implications

Consultation

The consultation process is outlined at Appendix

Procurement

No implications

Disability Issues

Target populations include those described as having a disability including learning disability

Legal Implications

No implications